

Aims

To impart theoretical and practical knowledge of Shalakya Tantra, which deals with diseases of Urdhwajatrugata organs: eye, ear, nose, throat, head, and oral cavity.

To train students in diagnosis, treatment, and surgical procedures described in classical Ayurvedic texts.

To integrate Ayurvedic principles with modern diagnostic and therapeutic approaches for better patient care.

Introduction

Shalakya Tantra is one of the eight branches of Ashtanga Ayurveda. It focuses on the management of disorders of the head and neck region, including Netra Roga, Karna Roga, Nasa Roga, Mukha Roga, and Shiroroga. In an Ayurved college, the Shalakya Department serves as a clinical and academic unit for teaching, research, and patient treatment related to these conditions. The department emphasizes both Kriya Kalpa procedures and surgical interventions as per Sushruta and Vagbhata.

Objectives

Academic: Teach students the etiology, pathology, symptoms, and treatment of Urdhwajatrugata diseases as per classical and contemporary knowledge.

Clinical: Provide outpatient and inpatient care for eye, ENT, and dental conditions using Ayurvedic therapies.

Practical Training: Train students in Kriya Kalpa like Netra Tarpana, Anjana, Nasya, Karna Purana, and minor surgical procedures.

Research: Encourage research on efficacy of Ayurvedic formulations and procedures for Shalakya disorders.

Community Health: Conduct screening camps for eye and ENT diseases in rural and urban areas.

Activities

OPD & IPD Services: Daily outpatient consultation and indoor admission for patients with eye, ear, nose, throat, and oral disorders.

Kriya Kalpa Unit: Procedures such as Netra Tarpana, Putapaka, Seka, Aschyotana, Anjana, Nasya, Dhoomapana, Karna Purana, Gandusha, and Kavalagraha.

Minor Surgical Procedures: Cataract removal, pterygium excision, foreign body removal, tonsillectomy, and other Shalakya surgeries as per curriculum.

Teaching & Demonstrations: Practical classes, case discussions, seminars, and model demonstrations for BAMS and PG students.

Health Camps & Awareness: Eye and ENT check-up camps, school screening programs, and public lectures on preventive Shalakya care.

Research & Documentation: Clinical trials on Ayurvedic drugs and procedures, case study documentation, and academic publications.

Dr Sandeep Kumar Mishra
Associate Professor
Head of Department
Shalakya Tantra

